



Karinya Young Mums Wish List

When young women and families enter our program sometimes they have very few household essentials. The following list of items reflect some of the necessities to enable these young women and families to set up thier homes

Personal Care

- Shampoo, Conditioner and Body Wash (new)
- Toothpaste and Toothbrushes (new)
- Cosmetics (new)
- Skincare
- Deodorants and Roll-ons (new)

General

- Home set up items/kitchenware
- Baby care items (e.g Nappies/wipes/bottles etc)
- Baby toys & books (under 2 yrs only)
- Pamper/Self care items for mums (e.g bath goods, candles etc)

Vouchers

- Kmart
- Target
- Coles
- Woolworths
- Cotton-on etc.
- Pharmacy Chemist Warehouse, Priceline
- Educational - Officeworks
- Driving Lessons,

Cash Donations

Cash Donations help young people to access courses, medical necessities such as medications and accessing specialist medical professionals